### THERE'S NOTHING ORDINARY ABOUT THE CARE THAT ACCREDO PROVIDES.

Accredo, an Express Scripts specialty pharmacy, has been working exclusively with specialty medications for more than 25 years. Our mission is to provide specialty-focused care and monitoring that can help you maximize the effectiveness of your medication to enjoy an improved quality of life. From our accuracy in filling prescriptions to providing comprehensive therapy support at no additional cost, Accredo delivers individualized care. Inside you'll find eight important things you should know about specialty medications—and how Accredo addresses them to help you effectively manage your therapy.

To learn more about Accredo, visit our website at www.accredo.com.



Accredo is dedicated to serving the specialty pharmacy needs of patients living with complex conditions. We provide individualized therapy management solutions for a wide range of complex conditions, including:

- degeneration
- Alpha-1 antitrypsin
- Anemia

deficiency

- Asthma
- Cancer
- Crohn's disease
- Cystic fibrosis
- Deep vein thrombosis
- Growth hormone deficiency
- Hemophilia
- Hepatitis C Hereditary

tyrosinemia

- Age-related macular
  Immune deficiency
  - Infertility
  - Lysosomal storage disorders
  - Multiple sclerosis
  - Neutropenia
  - Osteoarthritis
  - Osteoporosis
  - Parkinson's disease
  - Psoriasis
  - Pulmonary arterial hypertension
  - Respiratory syncytial virus
  - Rheumatoid arthritis
  - And more

For a complete list of conditions or for more information, please visit our website at www.accredo.com.



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### THERE'S NOTHING ORDINARY **ABOUT CONDITIONS THAT REOUIRE SPECIALTY MEDICATIONS.**

People on specialty medications benefit from enhanced care and monitoring of their medications to help maximize effectiveness and manage side effects. Specialty medications are used to treat complex conditions. Some may need to be administered by injection or through infusion and require special handling or refrigeration, while others are oral or inhaled medications. Managing these complex therapies requires dedicated and specialty-trained professionals—like the professionals at Accredo.

8 Things everyone on specialty medications should know



accredo®

#### 1 | TRAINING

Complex conditions require special training.



Life is full of surprises—treating your complex condition shouldn't be one of them. Because Accredo is dedicated exclusively to specialty medications, you'll benefit from

the care and attention of specialty-trained professionals to help you and your doctor manage your therapy. Our pharmacists and nurses receive specialized training in the **therapies** used to treat these complex conditions. By providing individualized care, Accredo can help you manage your medications to achieve a better outcome and enhanced quality of life.

## 2 | 24/7 ACCESS

Help should be available to you anytime, day or night.



Questions and concerns can arise anytime—not just during regular pharmacy hours. The service and support that Accredo provides includes 24/7 access to pharmacists and

nurses who know about your medications. Whether you have questions about your medications or experience complications, there's always a knowledgeable person on the other end of the line.

## 3 | SUPPLIES

Ancillary supplies should be on hand when you need them.



You shouldn't have to worry about getting the right ancillary supplies to administer your medications. Accredo provides all necessary ancillary supplies—such as syringes and

sharps containers. What's more, we'll make regular calls to be certain you have the supplies needed to maintain your therapy.

#### 4 | NURSING

Access to qualified nurses may be available for many complex conditions.



Some medications require administration by a healthcare professional. Accredo can coordinate with your doctor's office or your infusion center and provide in-home infusion

services, when covered by your health plan. If you'll be administering your medication yourself, our registered nurses can provide one-on-one training. In addition, Accredo nurses are available 24 hours a day, 7 days a week, to provide information related to your therapy.

## 5 | DELIVERY

From the pharmacy to your door, careful handling of your medications is essential.



It's important to know your medications will arrive on time and in good condition. That's why medications that need refrigeration or other special handling receive extra

care. Plus, we'll call you to arrange a delivery time frame that works with your schedule. We'll send your medications directly to you or your doctor's office (where allowable by law) and carefully track each prescription delivery—at no additional cost.

## 6 | TEAMWORK

With a focus on your safety, your pharmacy should work directly with your doctor.



To help maximize the effectiveness of your treatment, it's essential to have a complete picture of your medication profile to guard against drug interactions. The pharmacists

and nurses at Accredo work as a team with you and your doctor to monitor your overall drug therapy.

### **7 | CONTINUITY**

Managing your medication supply is critical.



Because missing a dose can have serious consequences, maintaining an adequate in-home supply of your medication is critical. Your Accredo care team will stay in

touch with you to help make sure that you have what you need, when you need it. We'll call to remind you when it's time to order refills so you can avoid disruption in your therapy.

# 8 | CONVENIENCE

Getting started with a new pharmacy should be easy.



We've made it as simple as possible to start receiving your specialty medications from Accredo. We'll guide you through the process and coordinate with your

**doctor** any steps that need to be taken for a smooth transition so you can begin enjoying the benefits of effective therapy management.

For more information, visit www.accredo.com.

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